



deviled eggs

By Thomas Horky

Finding the best motivation

Get up at 6:30 a.m. for Show Choir, meeting at 8 a.m., practice till 6 p.m., work till 9 p.m., then home to do homework, which you probably stay up till midnight doing. Then it's off to sleep for a good five hours, then up to do this fun routine again. And forget about weekends. That's taken up with work and other school projects you need to make up.

Why do we do it? Why do we put ourselves through all this stress? Is it our parents pushing us? Is it to put on a college application? To impress someone? Or is it for some other higher calling?

All these things require one major thing, motivation.

But where does motivation come from? The answer I believe lies within us. I believe that we do these things for personal satisfaction, so when we accomplish these things we can have a warm feeling in our hearts and giant smile on our face and say, "I did that."

However, sometimes we need help to motivate ourselves. For me, it's my girlfriend (Jenna Hughes). When I'm moping around thinking it's too hard, she is not afraid to tell me to quit whining and go do it. It's good to have a reality check from someone who is not your parent. Let's face it, parents have a tendency to sugar coat things.

Now I'm not saying your parents are no good and that you need a boyfriend/girlfriend to help motivate you, that's just me. For some people, parents are a great source of motivation. Other forms may be song lyrics, a motivational speaker, or some help from above.

These are just a little push, a nudge to help you motivate yourself. Like I said before the only true motivation we have comes from within us. We need a purpose that drives us to do our best. If you need a little help with your motivation let me leave you with a quote from actor and rebellious icon James Dean. "Dream as if you'll live forever, live as if you'll die today."

student

of the month



Laura Onnen

★
senior



Swim Team
NHS
FCCLA Member
Show Choir

Track
Church Youth Group
City Pool Lifeguard
Pioneers Inn Employee

letters to the editor

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